



**Nashville – Middle Tennessee
Celiac Support Group, CSA #76**

www.nashvilleceliacs.org

www.middletennesseeceliacs.org

What we do...

The Nashville – Middle Tennessee Celiac Support Group, CSA Chapter #76 has been offering support to more than 450 adults and children with Celiac Disease and their families in Tennessee, Alabama, Georgia, Kentucky and Ohio since its inception in 1989.

After giving a diagnosis of Celiac Disease to the patient, the physician then refers the patient to our support group for education. We have provided the following:

- Quarterly meetings at Centennial Hospital, Nashville, TN with guest speakers from across the nation as well as local physicians and dieticians
- Publish quarterly newsletter called *GrainWise & GlutenFree* and the Gluten Free Basic Training Guide (revised Spring 2006) — with local and national information, including restaurants with gluten-free menus
- Quarterly newsletter mailed to GI physicians in the Middle Tennessee area at no cost, as well as a GI physician Celiac awareness packet
- Medical advisor available for consultation, volunteer board member
- Registered dietician available for consultation, volunteer board member
- Provide information on Celiac Disease to Vanderbilt Children's Family Resource Center
- Taping for Fox 17 News on Celiac Disease
- Gluten free baking and cooking demonstrations at Centennial Hospital, Green Hills Wild Oats, and Cool Springs Wild Oats by volunteer board members
- Counseling on the gluten free diet by phone, e-mail, or in person by volunteer board members
- Gluten free educational shopping trip for the newly diagnosed at Wild Oats stores by our New Membership Orientation Team
- Coordinated gluten free cooking class provided by The Viking Store in The Factory, Franklin, TN
- Gluten free pancake breakfast at the Cool Springs Wild Oats
- Gluten free spaghetti dinner at the Green Hills Wild Oats

National Awareness of Celiac Disease

On January 26th, *The View's* Elisabeth Hasselbeck spoke about her symptoms and diagnosis of Celiac Disease on the TV show. The February 13, 2007 issue of *Women's Day* magazine article "Diseases Doctors Miss" includes Celiac. On March 2, 2007 CNN newsroom anchor and celiac, Heidi Collins, and New York City area doctors will compete against celebrity chefs in a gluten free cook off to raise celiac disease awareness. Previously, celiac disease awareness has been promoted through *USA Today* (11-01-06), *Good Housekeeping* (8-06), NIH launched a new website to promote celiac disease awareness www.celiac.nih.gov (7-18-06), *USA Weekend* (7-9-06), *Family Circle* (4-1-06), *Good Morning America* (1-26-06), *The Wall Street Journal & Post-Gazette* article (12-9-05), and others including *The Tennessean* (10-10-06) (2-25-06) (2-8-05).

